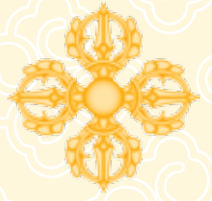


Osel Shen Phen Ling welcomes Geshe Thubten Sherab



Public Talk

Working With Negative Emotions

Friday, April 21

7:00 pm - 8:00 pm

University Center Room 225

Free and open to the public

Weekend Workshop:

Antidotes to Our Afflictions

Attachment and Anger

Saturday • April 22

10:00 am - 3:00 pm

Light vegetarian lunch provided.

Sunday • April 23

Ignorance

10:00 am - Noon

1:00 - 4:00 pm

Field Trip to Garden of 1,000 Buddhas

Arlee, MT

Monday • April 24

Getting Started on the Buddhist Path

Question and Answer session for Dharma students

6:30 - 8:00 pm

Osel Shen Phen Ling

441 Woodworth • Missoula

Suggested Donations: \$75

All are welcome.

Geshe Sherab was born in Manang, Nepal in 1967, the second of five sons. He began attending Kopan Monastery at the age of 9 in 1976/1977, ordained by Kyabje Lama Zopa Rinpoche and given the ordained name Thubten Sherab.

After 10 years of study at Kopan, he went to Sera Je Monastery in South India for further studies and graduated as Geshe at the end of 1999. He then joined Gyume Tantric College for a year. After that he taught young monks at Kopan for a year.

In 2001 he was sent by Lama Zopa Rinpoche to New Mexico to serve and help at International Office of FPMT and teach at Thubten Norbu Ling in Santa Fe and Ksiti Garba Center in Taos. He also served as an FPMT Board Member for 2 years during that period.

In December, 2003 he returned to Nepal to do his own practices. In 2006 he was appointed as Head Master of Kopan monastery and he served in that position for 4 years till he resigned in beginning of 2010. He served at Kopan as acting Abbot for a year in 2011 when the late Guru Khensur Rinpoche Lama Lhundup became ill.

He has been teaching at Kopan during the annual meditation courses as well as traveling and teaching around the world in the US, Canada, many parts of Europe, Asia, Mexico, Guatemala and Australia.



There is no charge for teachings; suggested donations cover expenses and offering to the teacher.

Osel Shen Phen Ling is an affiliated center of the Foundation for the Preservation of the Mahayana Tradition.